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His clinical interests include pituitary surgery and surgical management of Parkinson's disease, epilepsy surgery and the spinal cord; research interests include clinical and experimental head injury, hyponatraemia, telemedicine, neurorehabilitation, neuro-oncology and cell therapy for intracerebral haemorrhage.

He is an active participant of college and society activities locally and internationally: he is currently the Council Member of the College of Surgeons, Hong Kong [2005-2019], Second Vice-President at Large of the World Federation of Neurosurgical Societies [2005-9], Council Member of the Chinese Neurosurgical Society and Past-President of the Hong Kong Neurosurgical Society [1996-2000], Academy of the Multidisciplinary Neurotraumatology [2014-6], Eurasian Academy of Neurosurgery [2012-4], current member of the WFNS Neurotraumatology and Neurorehab Committees.

He has served the Editorial Boards of Acta Neurochirurgica [2001-2006], British Journal of Neurosurgery, Neurosurgery, World Neurosurgery, Journal of Clinical Neurosciences, Korean Journal of Neurosurgery, Chinese Journal of Neurosurgery, Glioma and Surgical Practice, and is author and co-author of >400 peer-reviewed articles [Medline Search: poon ws as author].